

JEFFERSON COUNTY SCHOOL DISTRICT 509-J

JANUARY

K-8 MENU

2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Student's lunch must include: As choice of ½ cup of fruit or vegetable OR a combination of fruit and vegetables to equal ½ cup.</p>	<p>Student's breakfast must include a ½ cup of fruit. A choice of Low Fat Milk is Offered at Breakfast and Lunch.</p>	<p>BREAKFAST Visiting Children: \$1.50 Adult Price: \$2.50 LUNCH Visiting Children: \$2.00 Adult Price: \$4.00</p>	<p><i>FREE BREAKFAST & LUNCH FOR ALL ENROLLED STUDENTS!!</i> MENU SUBJECT TO CHANGE!</p>	<p>This institution is an equal opportunity provider.</p>
<p>DO YOU KNOW? OUR pizza crust, bread, buns, rolls, crackers, chips, pasta and tortillas are whole grain. Recipes are made from scratch. Cheeses and salad dressings are low fat or fat free.</p>	<p>K-5 Lunch Choice Sandwich of the Day 6-8 Breakfast Choice Cereal Bowl 6-8 Lunch Choice Sandwich of the Day</p>	<p>3 Cereal Bar & Colby Cheese Applesauce Cup – Fruit Juice Boneless Chicken Wings OR Golden Fish Sticks Mashed Potatoes–Cornbread Steamed Broccoli - Apple</p>	<p>4 Breakfast Burrito Mandarin Cup-Fruit Juice Macaroni & Cheese Garden Salad Baby Carrots Pears</p>	<p>5 Blueberry Breakfast Bar Fruit Juice Hotdog w/mustard Baked Oven Fries Green Beans Sliced Strawberries</p>
<p>8 Triple Berry French Toast Craisins – Fruit Juice WG Mozzarella Pizza Stick Marinara Dipping Sauce Garden Salad – Carrots Pineapple</p>	<p>9 Ham & Cheese Breakfast Bar Muffin-Banana-Fruit Juice Chickenwich Loop Fries Carrot & Celery Sticks Pears</p>	<p>10 Turkey Sausage Pancake Strawberry Cup – Fruit Juice Hamburger <u>OR</u> Cheeseburger Baked Oven Fries Peas Whole Strawberries</p>	<p>11 Breakfast Burrito Mandarin Cup – Fruit Juice Grilled Chicken Fajita Served with Grilled Veggies Seasoned Refried Beans Shredded Lettuce – Tomatoes Salsa - Blueberries</p>	<p>12 Sausage Cheese Bagel Applesauce Cup – Fruit Juice Creamy Potato Soup Grilled Cheese Sandwich Garden Salad w/tomatoes Apple</p>
<p>15 No SCHOOL  MLK Jr. Day</p>	<p>16 Oatmeal Benefit Bar Banana – Fruit Juice Cheese Pizza Garden Salad Baby Carrots Pineapple</p>	<p>17 Cereal Bar & Colby Cheese Strawberry Cup Boneless Chicken Wings <u>OR</u> Golden Fish Sticks Mashed Potatoes – Cornbread</p>	<p>18 Breakfast Burrito Applesauce Cup – Fruit Juice Cheesy Rotini Bake WG Dinner Roll Garden Salad – Carrots Sliced Strawberries</p>	<p>19 Blueberry Breakfast Bar Fruit Juice Sloppy Joe on a Bun Pork 'N Beans Seasoned Potato Wedges Apricots</p>
<p>22 Triple Berry French Toast Craisins – Fruit Juice Bean & Cheese Burrito – Salsa Herb Rice Garden Salad – Carrots Pineapple</p>	<p>23 Ham & Cheese Breakfast Bar Muffin – Banana – Fruit Juice Chicken Alfredo WG Dinner Roll – Peas Garden Salad w/tomatoes Pears</p>	<p>24 Turkey Sausage Pancake Strawberry Cup – Fruit Juice Hamburger OR Cheeseburger Baked Oven Fries Pork 'N Beans Whole Strawberries</p>	<p>25 Breakfast Burrito Peach Cup – Fruit Juice Italian Spaghetti Garlic Bread Stick Garden Salad w/tomatoes Apricots</p>	<p>26 NO SCHOOL End of 2nd Quarter</p>
<p>29 NO SCHOOL INSERVICE DAY</p>	<p>30 COOKS CHOICE </p>	<p>31 COOKS CHOICE </p>		