





JEFFERSON COUNTY SCHOOL DISTRICT 509-J
DISTRICT HIGH SCHOOL MENU

MAY-JUNE

2018

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|--|--|---|
| <p>Student's lunch must include: As choice of ½ cup of fruit or vegetable OR a combination of fruit and vegetables to equal ½ cup.</p> | <p>Student's breakfast must include a ½ cup of fruit.</p> <p>A choice of Low Fat Milk is Offered at Breakfast and Lunch.</p> | <p>BREAKFAST Visiting Children: \$1.50 Adult Price: \$2.50 LUNCH Visiting Children: \$2.00 Adult Price: \$4.00</p> | <p><i>FREE BREAKFAST & LUNCH FOR ALL ENROLLED STUDENTS!!</i></p> <p>MENU SUBJECT TO CHANGE!</p> | <p>This institution is an equal opportunity provider.</p> |
|  | <p align="center">1</p> <p>Ham & Cheese Breakfast Bar Muffin-Fruit Juice-Banana Chicken Fried Steak OR Fish Sticks WG Roll Mashed Potatoes w/gravy</p> | <p align="center">2</p> <p>Sausage Cheese Bagel Fruit Juice-Applesauce Cup</p> <p>Pork Fajita Salsa - Spanish Rice Refried Beans</p> | <p align="center">3</p> <p>Breakfast Pizza Fruit Juice-Apple</p> <p>Chili Cheese Nachos</p> | <p align="center">4</p> <p>Sausage Pancake w/syrup Fruit Juice-Mandarin Oranges</p> <p>Chickenwich Looped Fries - Green Beans</p> |
| <p align="center">7</p> <p>Oatmeal Benefit Bar Fruit Juice-Strawberry Cup</p> <p align="center">PIZZA BAR</p> | <p align="center">8</p> <p>Breakfast Pizza Fruit Juice-Banana</p> <p>Italian Spaghetti Garlic Bread Stick Steamed Broccoli</p> | <p align="center">9</p> <p>WG Biscuit w/County Gravy Fruit Juice-Strawberry Cup</p> <p>Cheeseburger OR Hamburger Looped Fries Pork N' Beans</p> | <p align="center">10</p> <p>Breakfast Burrito Fruit Juice-Mandarin Oranges</p> <p align="center">BRUNCH FOR LUNCH Waffles w/syrup Sausage-Potatoes</p> | <p align="center">11</p> <p>Morning Scramble-Waffle Fruit Juice-Applesauce Cup</p> <p>Chicken Tenders OR Fish Sticks WG Roll-Potato Wedges</p> |
| <p align="center">14</p> <p>Ham & Cheese Breakfast Bar Muffin-Pineapple Cup-Fruit Juice</p> <p>Bean & Cheddar Burrito Green Beans Spicy Potato Wedges</p> | <p align="center">15</p> <p>Sausage Cheese Bagel Fruit Juice-Banana</p> <p>Chicken Alfredo Garlic Bread Stick</p> | <p align="center">16</p> <p>Breakfast Pizza Fruit Juice-Apple</p> <p>Cheeseburger OR Hamburger Looped Fries Pork N' Beans</p> | <p align="center">17</p> <p>Breakfast Burrito Fruit Juice-Mandarin Oranges</p> <p>Chili Cheese Nachos</p> | <p align="center">18</p> <p>WG Biscuit w/County Gravy Fruit Juice-Applesauce Cup</p> <p>BBQ Rib Sandwich Potato Salad-Coleslaw</p> |
| <p align="center">21</p> <p>Ham & Cheese Breakfast Bar Muffin-Apple-Fruit Juice</p> <p align="center">PIZZA BAR</p> | <p align="center">22</p> <p>Morning Scramble-Waffle Fruit Juice-Banana</p> <p>Beef & Cheese Tostada Seasoned Brown Rice Refried Beans - Salsa</p> | <p align="center">23</p> <p>Breakfast Pizza Fruit Juice-Peach Cup</p> <p>Chicken Tenders OR Fish Sticks WG Roll - Potato Wedges</p> | <p align="center">24</p> <p>Cinnamon Bun Fruit Juice-Applesauce</p> <p>Italian Spaghetti Garlic Bread Stick</p> | <p align="center">25</p> <p>WG Biscuit w/County Gravy Fruit Juice-Mandarin Orange Cup</p> <p>Hotdog w/mustard Potato Salad Pork N' Beans</p> |
| <p align="center">28</p> <p align="center">NO SCHOOL</p>  | <p align="center">29</p> <p>Breakfast Burrito Fruit Juice-Banana</p> <p align="center">PIZZA BAR</p> | <p align="center">30</p> <p>Breakfast Pizza Fruit Juice-Apple</p> <p>Cheeseburger OR Hamburger Looped Fries Pork N' Beans</p> | <p align="center">31</p> <p>Sausage Cheese Bagel Fruit Juice-Mandarin Orange</p> <p>Chicken Tenders OR Fish Sticks WG Roll - Corn Mashed Potatoes - Gravy</p> | <p align="center">1</p> <p>Cinnamon Bun Fruit Juice-Applesauce Cup</p> <p align="center">COOKS CHOICE</p> |
| <p align="center">4</p> <p align="center">COOKS CHOICE</p>  | <p align="center">5</p> <p align="center">COOKS CHOICE</p>  | <p align="center">6</p> <p align="center">COOKS CHOICE</p>  | <p align="center">7</p> <p align="center">COOKS CHOICE</p>  | <p align="center">JOIN US FOR OUR SUMMER FOOD PROGRAM. FREE TO KIDS 1-18</p>  |