



OCTOBER 2018

Breakfast and Lunch is FREE to ALL Students!!
Meal Price: Visiting Children \$2.00
Adult \$4.00

This institution is an equal opportunity provider

Madras High School, Bridges High School & ROOTS

Monday	Tuesday	Wednesday	Thursday	Friday
1 Cheese Pizza Pepperoni Pizza	2 Cheesy Chicken Tostada Refried Beans Seasoned Brown Rice	3 Hamburger Cheeseburger Macaroni Salad	4 Italian Spaghetti Garlic Bread Sticks	5 Macaroni & Cheese Dinner Roll Green Beans
8 Bean & Cheddar Burrito Tater Tots	9 Sloppy Joe on a Bun Whole Kernel Corn	10 Hamburger Cheeseburger Potato Salad	11 Chicken Alfredo Pasta Garlic Bread Sticks	12 NO SCHOOL STATEWIDE INSERVICE!
15 Chicken Fajita Seasoned Brown Rice	16 Mozzarella Bread Sticks Marinara Dip Cup Green Beans	NATIONAL SCHOOL LUNCH WEEK!! 16 Hamburger Cheeseburger Macaroni Salad	18 Chili Cheese Bowl Dinner Roll	19 Chickenwich Fish Sticks on a Bun Baked Looped Fries
22 Chicken Tenders Mashed Potatoes with Chicken Gravy Cornbread Muffin	23 Italian Spaghetti Garlic Bread Sticks Whole Kernel Corn	24 Hamburger Cheeseburger Potato Salad	25 Chicken Alfredo Pasta Dinner Roll	26 Deli Ham Sandwich Deli Turkey Sandwich Fish Sticks on a Bun Tater Tot
29 Cheese Pizza Pepperoni Pizza	30 Macaroni & Cheese Dinner Roll	31 Hamburger Cheeseburger Potato Wedges		



Fresh, canned and frozen fruits and vegetables offered daily! Student's lunch must include a choice of 1/2 cup fruit OR vegetable OR a combination of fruit and vegetable to equal 1/2 cup.

Milk Choices: Nonfat Chocolate, 1% White and Skim White

Lunch Choices: Pepperoni Pizza, Cheese Pizza, Deli Turkey, Deli Ham Sandwich, Tuna Salad Sandwich, Yogurt Lunch Box, Chef Salad w/roll, Vegetarian Salad w/roll

Menu Subject to Change!