

JEFFERSON COUNTY SCHOOL DISTRICT 509-J

SEPTEMBER

BUFF, MADRAS AND METOLIUS ELEMENTARY & WARM SPRINGS K-8 ACADEMY

2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Student's lunch must include: As choice of ½ cup of fruit or vegetable OR a combination of fruit and vegetables to equal ½ cup.</p> <p>Fresh, Canned or Frozen Vegetables & Fruit Offered Daily</p>	<p>Student's breakfast must include a ½ cup of fruit.</p> <p>A choice of Low Fat Milk is Offered at Breakfast and Lunch.</p>	<p>BREAKFAST Visiting Children: \$1.50 Adult Price: \$2.50</p> <p>LUNCH Visiting Children: \$2.00 Adult Price: \$4.00</p>	<p><i>FREE BREAKFAST & LUNCH FOR ALL ENROLLED STUDENTS!!</i></p> <p>MENU SUBJECT TO CHANGE!</p>	<p>This institution is an equal opportunity provider.</p>
	<p>4 Cinnamon Bun Orange Juice – Applesauce Cup</p> <p>Cheese Pizza OR Pepperoni Pizza</p>	<p>5 Choice of Cereal Colby Cheese Stick Orange Juice – Banana</p> <p>Hamburger OR Cheeseburger Potato Wedges</p>	<p>6 Strawberry Pancakes Apple Juice – Peach Cup</p> <p>Beef & Cheese Tostada Spanish Rice Seasoned Refried Beans</p>	<p>7 Turkey Sausage Pancake Apple Juice – Strawberry Cup</p> <p>Macaroni & Cheese Dinner Roll</p>
<p>10 Yogurt & Blueberry Muffin Orange Juice – Applesauce Cup</p> <p>Bean & Cheddar Burrito Tator Tots</p>	<p>11 Breakfast Burrito Apple Juice – Banana</p> <p>Sloppy Joe on a Bun Vegetarian Beans</p>	<p>12 Choice of Cereal Colby Cheese Stick Orange Juice – Apple</p> <p>Hamburger OR Cheeseburger Looped Fries</p>	<p>13 Sausage Cheese Bagel Apple Juice – Peach Cup</p> <p>Chicken Alfred Pasta Garlic Bread Stick</p>	<p>14 Mini Blueberry Waffles Apple Juice – Orange Wedges</p> <p>Boneless Chicken Wings OR Fish Panini Scalloped Potatoes - Coleslaw</p>
<p>17 Cinnamon Bun Orange Juice – Craisins</p> <p>Chicken Cheese Quesadilla Seasoned Brown Rice Black Bean & Corn Salad</p>	<p>18 Mini Maple Pancakes Apple Juice – Banana</p> <p>BBQ Chicken Filet on a Bun Garden Peas</p>	<p>19 Choice of Cereal Colby Cheese Stick Apple Juice – Peach Cup</p> <p>Hamburger OR Cheeseburger Potato Wedges</p>	<p>20 Strawberry Pancakes Orange Juice – Applesauce Cup</p> <p>Chili Cheese Bowl Cornbread Muffin</p>	<p>21 Turkey Sausage Pancake Apple Juice – Strawberry Cup</p> <p>Mozzarella Bread Sticks Marinara Dipping Sauce OR Fish Panini - Coleslaw</p>
<p>24 Yogurt & Blueberry Muffin Orange Juice – Raisins</p> <p>Chicken Drumstick Garlic Bread Sticks</p>	<p>25 Breakfast Burrito Apple Juice – Banana</p> <p>Grilled Cheesy Chicken Filet Burger Whole Kernel Corn</p>	<p>26 Choice of Cereal Colby Cheese Stick Orange Juice – Apple</p> <p>Hamburger OR Cheeseburger Looped Fries</p>	<p>27 Sausage Cheese Bagel Apple Juice – Peach Cup</p> <p>Beef & Cheese Rotini Bake Dinner Roll</p>	<p>28 Blueberry Waffles Apple Juice – Strawberry Cups</p> <p>Beef Hot Dog OR Fish Panini Coleslaw – Vegetarian Beans</p>

