

JEFFERSON COUNTY SCHOOL DISTRICT 509-J

SEPTEMBER

Buff, Madras Primary, Metolius Elementary, WSE K-8 Academy & Jefferson County Middle School

2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Student's lunch must include: As choice of ½ cup of fruit or vegetable OR a combination of fruit and vegetables to equal ½ cup.</p>	<p>Student's breakfast must include a ½ cup of fruit.</p> <p>A choice of Low Fat Milk is Offered at Breakfast and Lunch.</p>	<p>FREE BREAKFAST & LUNCH FOR ALL STUDENTS</p> <p>Breakfast Visiting Children: \$1.50 Adult Price: \$2.00</p> <p>Lunch Visiting Children: \$2.00 Adult Price: \$4.00</p>	<p>K-5 Lunch Choice Sunbutter & Jelly Sandwich</p> <p>6-8 Breakfast Choice Cereal Bowl</p> <p>6-8 Lunch Choice Sandwich of the Day Chef Salad</p>	<p>This institution is an equal opportunity provider.</p> <p>MENU SUBJECT TO CHANGE!</p>
<p>DO YOU KNOW?</p> <p>OUR pizza crust, bread, buns, rolls, crackers, chips, pasta and tortillas are whole grain.</p> <p>Recipes are made from scratch.</p> <p>Cheeses, salad dressings are low fat or fat free.</p>		<p align="center">6</p> <p>First Day of School! Muffin & String Cheese Strawberry Cup – Fruit Juice</p> <p>Hamburger OR Cheeseburger Baked Oven Fries Green Beans Pears</p>	<p align="center">7</p> <p>Sausage Pancake Peach Cup – Fruit Juice</p> <p>Pizza Romaine Salad Carrots Pineapple</p>	<p align="center">8</p> <p>Blueberry Waffle Applesauce Cup – Fruit Juice</p> <p>Chickenwich Seasoned Potato Wedges Romaine Salad Peaches</p>
<p align="center">11 Late Start String Cheese & Graham Crackers Raisin Box – 100% Fruit Juice</p> <p>Pizza Salad Garden Peas Pineapple</p>	<p align="center">12 Breakfast Burrito Banana – Fruit Juice</p> <p>Beef & Cheese Tostada – Salsa Shredded Lettuce – Tomatoes Black Bean & Corn Salad Diced Pears</p>	<p align="center">13 Berry French Toast Apple – Fruit Juice</p> <p>Spaghetti – Garlic Bread Stick Romaine Salad Carrots Peaches</p>	<p align="center">14 Ham & Cheese Biscuit Strawberry Cup – Fruit Juice</p> <p>Chicken Tenders – Dinner Roll Mashed Potatoes Carrots & Broccoli w/dip Orange Wedges</p>	<p align="center">15 Strawberry Pancake Applesauce Cup – Fruit Juice</p> <p>Sloppy Joe Baked Oven Fries Romaine Salad Apple</p>
<p align="center">18 Late Start String Cheese & Graham Crackers Craisins – 100% Fruit Juice</p> <p>Pizza Romaine Salad Carrots Pineapple</p>	<p align="center">19 Yogurt & Whole Grain Churro Banana – Fruit Juice</p> <p>Grilled Chicken Fajita – Salsa Shredded Lettuce – Tomatoes Black Bean & Corn Salad Applesauce</p>	<p align="center">20 Muffin & String Cheese Strawberry Cup – Fruit Juice</p> <p>Hamburger OR Cheeseburger Baked Oven Fries Green Beans Pears</p>	<p align="center">21 Sausage Pancake Peach Cup – Fruit Juice</p> <p>Macaroni & Cheese Romaine Salad Carrots Mixed Fruit</p>	<p align="center">22 Blueberry Waffle Applesauce Cup – Fruit Juice</p> <p>Chicken Vegetable Soup Deli Ham OR Tuna Salad Sandwich Romaine Salad – Blueberries</p>
<p align="center">25 Late Start String Cheese & Graham Crackers Raisin Box – 100% Fruit Juice</p> <p>Pizza Salad Garden Peas Applesauce</p>	<p align="center">26 Breakfast Burrito Banana – Fruit Juice</p> <p>Chili Cheese Bowl Cornbread Romaine Salad Peaches</p>	<p align="center">27 Berry French Toast Apple – Fruit Juice</p> <p>Chicken Rotini Pasta with Alfredo Sauce Garlic Bread Stick Romaine Salad – Carrots Pears</p>	<p align="center">28 Ham & Cheese Biscuit Strawberry Cup – Fruit Juice</p> <p>Italian Supreme Turkey & Cheese Panini Steamed Broccoli Carrots Orange Wedges</p>	<p align="center">29 Strawberry Pancake Applesauce Cup – Fruit Juice</p> <p>Chickenwich Seasoned Potato Wedges Romaine Salad Blueberries</p>

