

JEFFERSON COUNTY SCHOOL DISTRICT 509-J

Madras High School, Bridges High School, ROOTS Program

**September 2019**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Student's <b>lunch</b> must include: As choice of <b>½ cup</b> of fruit or vegetable <b>OR</b> a combination of fruit and vegetables to equal <b>½ cup.</b></p>	<p>Student's <b>breakfast</b> must include a <b>½ cup</b> of fruit.</p> <hr/> <p>A choice of Low Fat Milk is Offered at Breakfast and Lunch.</p> <p>Fresh, canned and frozen fruits and vegetables offered daily!</p>	<p><b>Breakfast</b> Visiting Children: \$1.50 Adult Price: \$2.00</p> <p><b>Lunch</b> Visiting Children: \$2.00 Adult Price: \$4.00</p>	<p><b>FREE BREAKFAST &amp; LUNCH FOR ALL STUDENTS</b></p> <p><b>MENU SUBJECT TO CHANGE!</b></p>	<p>This institution is an equal opportunity provider.</p>
<p>2 Labor Day!!  No School!</p>	<p>3 Ultimate Breakfast Round Fruit Juice – Applesauce Cup</p> <p>Cheese Pizza Whole Kernel Corn</p>	<p>4 Breakfast Pizza Fruit Juice – Cranberries</p> <p>Hamburger <b>OR</b> Cheeseburger Baked Oven Fries</p>	<p>5 Strawberry Pancake Fruit Juice – Strawberry Cup</p> <p>Grilled Chicken Fajita Brown Rice Refried Beans</p>	<p>6 Breakfast Burrito Fruit Juice – Peach Cup</p> <p>Chicken Tenders Dinner Roll Green Beans</p>
<p>9 Cinnamon Bun Fruit Juice – Mixed Berry Cup</p> <p>Bean &amp; Cheddar Burrito w/salsa Tater Tots</p>	<p>10 Mini Blueberry Waffles Fruit Juice – Banana</p> <p>Sloppy Joe on a Bun Whole Kernel Corn</p>	<p>11 Benefit Bar Fruit Juice – Peach Cup</p> <p>BBQ Rib Sandwich Baked Oven Fries <b>Vegetarian Beans</b></p>	<p>12 Turkey Sausage Pancake Fruit Juice – Apple</p> <p>Chicken Alfredo Pasta Garlic Bread Sticks <b>Garden Peas</b></p>	<p>13 Sausage Egg &amp; Cheese Bagel Fruit Juice – Strawberry Cup</p> <p>Chickenwich Basket <b>OR</b> Fishwich Basket</p>
<p>16 Ultimate Breakfast Round Fruit Juice – Applesauce Cup</p> <p>Chicken Cheese Quesadilla <b>Black Bean &amp; Corn Salad</b></p>	<p>17 French Toast Fruit Juice – Banana</p> <p>Chili Cheese Bowl Dinner Roll</p>	<p>18 Breakfast Pizza Fruit Juice – Strawberry Cup</p> <p>Hamburger <b>OR</b> Cheeseburger Whole Kernel Corn</p>	<p>19 Strawberry Pancake Fruit Juice – Orange Wedges</p> <p>Turkey Taco Wrap Brown Rice Refried Beans</p>	<p>20 Breakfast Burrito Fruit Juice – Peach Cup</p> <p>Sandwich Bar Baked Doritos</p>
<p>23 Yogurt Blueberry Muffin Fruit Juice – Raisin Box</p> <p>Mozzarella Bread Sticks <b>Served with</b> Marinara Sauce Whole Kernel Corn</p>	<p>24 Mini Blueberry Waffles Fruit Juice – Banana</p> <p>Macaroni &amp; Cheese Dinner Roll Green Beans</p>	<p>25 Benefit Bar Fruit Juice – Peach Cup</p> <p>BBQ Rib Sandwich Baked Oven Fries <b>Vegetarian Beans</b></p>	<p>26 Turkey Sausage Pancake Fruit Juice – Apple</p> <p>Italian Spaghetti Garlic Bread Sticks</p>	<p>27 Sausage Gravy over Biscuit Fruit Juice – Mandarin Cup</p> <p>Chickenwich Basket <b>OR</b> Fishwich Basket</p>
<p>30 Cinnamon Bun Fruit Juice – Mixed Berry Cup</p> <p>Bean &amp; Cheddar Burrito w/salsa Tater Tots</p>				