



Jefferson County School District 509-J

Patti Jobe
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This institution is an equal opportunity provider

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To: Parents and Guardians
RE: Milk Substitute Requests

Information:

The School Breakfast and National School Lunch Programs using "Offer vs. Serve" allows students to decline some components. Jefferson County School District is using "Offer vs. Serve" where fluid milk does not have to be chosen by students for the district to receive federal payments.

Starting this school year, the district will handle milk requests these ways:

- A) A licensed health care provider must sign documentation for a student disability.
(Medical Doctor (MD), Doctor of Osteopathy (DO), Doctor of Naturopathy (ND), Physician's Assistant (PA), Certified nurse practitioner or clinical nurse specialist, Doctor of Dental Medicine (DMD), Doctor of Dental Surgery (DDS), Doctor or Optometry (OD).
The medical statement must include the foods to be omitted or avoided as well as the foods to be substituted.
- B) Milk substitute requests signed by a parent or licensed health care provider will be offered
1) Lactose free milk or 2) Soy milk that is "nutritionally equivalent" to milk as defined by USDA.

The signed forms must be on file with the district food service prior to implementation.

These forms are available at the school office, kitchens, school nurse or online at the district website.

jcsd.k12.or.us

Sincerely,

Patti Jobe

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Food Services Supervisor