



Indoor/Outdoor Full Contact Sports Opt-In Form

Updated 4/22/2021

This form is to be used by a school located in a county designated as High Risk or Extreme Risk to notify of its intent to opt in to offer indoor/outdoor full contact sports for the 2020-21 school year in accordance with the Oregon Health Authority's Sector Guidance – Indoor Recreation and Indoor Fitness Establishments. Once final, post this form to your school or district website and a link to it will then be sent to ODE.

In Lower Risk and Moderate Risk counties, practices and games for indoor/outdoor contact sports can resume following health and safety guidance to be issued by the Oregon Health Authority.

In High Risk and Extreme Risk counties, where COVID-19 remains more widespread, schools and other sports organizations can opt-in to resuming indoor/outdoor full contact sports with additional protocols in place. In such counties, sports organizations must offer on-site responsive testing for symptomatic individuals and close contacts, contact information for contact tracing, and a waiver identifying health and safety risks and a commitment to isolation and quarantine if exposed to COVID-19. Schools in Extreme and High Risk counties must also have at least limited in-person instruction occurring, with the goal of achieving hybrid or full in-person instruction for students this school year. Schools must also be in compliance with state guidance for COVID-19 testing.

Please fill out the following information for your school, district or program:

Information Needed	Your Response
Name of School, District or Program	Jefferson County Middle School
Key Contact Person for this Plan	Walter Stahl
Phone Number of this Person	541-475-7253
Email Address of this person	wstahl@509j.net
Specify Indoor/Outdoor Full Contact Sports Included in this Plan	Boys Basketball Girls Basketball Wrestling
Intended Starting Date for this Plan Update	4/27/21

School Instructional Model

OHA Requirements

- The school must Offer, at a minimum, Comprehensive Distance Learning *with* Limited In-Person Instruction (LIPI), with the goal of implementing Hybrid or full On-Site Instructional Models for students before the end of the 2020-21 school year.
- Detail your school’s current instructional model and note the date it began.

Plan Details for School Instructional Model

Please enter the details of your plan that correspond to the requirements listed above:

Jefferson County Middle School has been participating in full on-site learning since February 3rd. Students are in their “home room” for all class periods and teachers move around from class to class. Our school day is from 7:40am – 1:38pm

On-Site Testing for Symptomatic Individuals and Close Contacts

OHA Requirements

- The school must offer on-site responsive testing for symptomatic individuals and those with known exposures to individuals with COVID-19. This applies to athletes and support staff and volunteers. Schools must also be in compliance with state guidance for COVID-19 testing.
- Detail your school’s specific plans to meet this requirement.
- Please review [COVID-19 Testing in Oregon’s K-12 Schools](#) for additional information.

Plan Details for On-Site Testing for Symptomatic Individuals and Close Contacts

Please enter the details of your plan that correspond to the requirements listed above:

Jefferson County Middle School does have the option for on-site testing for symptomatic individuals and close contact. The consent forms below are kept in our schools front office.. This form allows for the consent of a shallow nose swab test in the 2020-21 school year.

[JCMS On-Site Testing \(1\)](#)

[JCMS On-Site Testing \(2\)](#)

Contact Information for Contact Tracing

OHA Requirements

- The school must commit to collecting contact information for the purpose of contact tracing for each participant, coach, official, staff member, spectator, etc. for each indoor/outdoor contact sports practice and contest.
- Detail your school’s specific plans to meet this requirement.

- Sample contact tracing forms:
 - [COVID Monitoring Form: Excel](#)
 - [COVID Monitoring Form: PDF](#)

Plan Details for Contact Information for Contact Tracing

Please enter the details of your plan that correspond to the requirements listed above:

Coaches meet students outside of the building and check them in. They use a very similar COVID monitoring form. Their temperature is taken and students are asked a number of questions. Once they are cleared they head out to practice. Coaches have both a solid copy and electronic copy.

Student-Athlete Waiver

OHA Requirements

- The school must have a waiver completed for each student-athlete prior to indoor/outdoor full contact sports participation identifying health and safety risks and a commitment to isolation and quarantine if exposed to COVID-19.
- Waivers must be kept on file at the school. Detail your school's specific plans to meet this requirement.
- [Sample Student Waiver Form](#)

Plan Details for Student-Athlete Waiver

Once we got the go ahead for K-12 sports, we included a COVID waiver in our athletic handbook. All of our kids who are currently out for sports, full contact or not, have signed this waiver. Waivers are kept on file with our athletic secretary.

[JCMS COVID Waiver \(1\)](#)

[JCMS COVID Waiver \(2\)](#)