




2024 JEFFERSON COUNTY MIDDLE SCHOOL

6th/7th/8th Grade

Cross Country SCHEDULE



Day	Date	JCMS Cross Country 	Location	Start time	Dismissal	Bus Depart.	Est. Return
Mon	9/9	JCMS Fall Sports Parent Meeting	JCMS Commons	5:30 pm	-	-	-
Thur	9/12	JCMS/WS vs OMS, St F., Trinity, 7 Peaks	Juniper Hills Park, Madras	4:00 pm	2:30 pm-	2:45 pm walking over to park	-
Wed	9/18	JCMS @ Sisters	Sisters HS	4:00 pm	1:45 pm	2:00 pm	6:30 pm
Fri	9/20	Pictures during practice	JCMS	3:20 - 5:00 pm			
Wed	09/25	JCMS @ OMS	American Legion Park, Redmond	4:00 pm	2:08 pm	2:25 pm	6:15 pm
Thurs	10/03	JCMS @ Trinity	Pine Nursery Park, Bend	1:00 pm	10:33 pm	11:00 am	3:45pm
Wed	10/9	JCMS @ Sisters,	Sisters HS	4:00 pm	1:45 pm	2:00 pm	6:30 pm
Fri	10/11	No Practice - No School					
Fri	10/18	Central Oregon XC District Championships Host: JCMS/WSK8	Juniper Hills Madras, OR	10:00 am	8:45 am	Walk over at 9:00 am	12:30 pm

- Practices are every day (from 3:10-5:00 pm M-F).

- Students need to take all their belongings to the locker room for practice and games and lock everything up. Items that will not fit in the sports locker should be locked in the PE office.
- Students will not be allowed into the hallway lockers after practice or after games. Parents who do not attend any away games, please plan to meet your child at the JCMS covered play area at the estimated return time. Players will call for a ride when we leave the school so you can time it perfectly.
- Students need to pack a healthy snack to eat on the bus, a water bottle for the game, and a dinner for the way home. The bus will not stop for food. Sunflower seeds and drinks in cans will not be allowed on the bus. ALL DRINKS MUST BE IN RESEALABLE CONTAINERS.

According to district policy, all students **must ride the bus to away events**. If you wish to take your athlete home from an event they will need to sign out with the Head coach. If an athlete wishes to go home with someone other than their parent/guardian then **they must have written consent**. This ensures safety for all our athletes.

If you have any questions, please contact JCMS at 475-7253.

Principal - Brent Walsh
Athletic Director - Todd Eckhart
Head Coach - Logan Bertam
Assistant Coach - Danira Perez

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