

## 2025 JEFFERSON COUNTY MIDDLE SCHOOL 6th/7th/8th Grade Cross Country SCHEDULE



Day	Date	JCMS Cross Country	Location	Start time	Dismissal	Bus Depart.	Est. Return
Tues	9/9	JCMS Fall Sports Parent Meeting	JCMS Commons	5:30 pm	-	-	-
Thurs	9/11	JCMS/WS vs All Teams invited	Juniper Hills Park, Madras	4:00 pm	2:30 pm-	2:45 pm walking over to park	-
Thurs	9/18	JCMS @ Crook County	Crook County Wetlands	4:00 pm	1:45 pm	2:00 pm	6:30 pm
Fri	9/19	Pictures during practice	JCMS	3:20 - 5:00 pm			
Thurs	09/25	JCMS @ Sisters	Sisters HS	4:00 pm	1:15 pm	1:30 pm	7:00 pm
Wed	10/01	JCMS @ EGMS	Deschutes County Fair Grounds	4:00 pm	1:45 pm	2:00 pm	6:30 pm
Thurs	10/9	JCMS @ Crook County	CC Wetlands	4:00 pm	1:45 pm	2:00 pm	6:30 pm
Fri	10/10	No Practice - No School					
Thurs	10/16	Central Oregon XC District Championships Host: JCMS/WSK8	Juniper Hills Madras, OR	10:00 am	8:30 am	Walk over at 8:45 am	12:30 pm

- Practices are every day (from 3:10-5:00 pm M-F).
- Students need to take all their belongings to the locker room for practice and games and lock everything up. Items that will not fit in the sports locker should be locked in the PE office.

- Students will not be allowed into the hallway lockers after practice or after games. Parents who do not attend any away games, please plan to meet your child at the JCMS covered play area at the estimated return time. Players will call for a ride when we leave the school so you can time it perfectly.
- Students need to pack a healthy snack to eat on the bus, a water bottle for the game, and a dinner for the way home. The bus will not stop for food. Sunflower seeds and drinks in cans will not be allowed on the bus. ALL DRINKS MUST BE IN RESEALABLE CONTAINERS.

According to district policy, all students <u>must ride the bus to away events.</u> If you wish to take your athlete home from an event they will need to sign out with the Head coach. If an athlete wishes to go home with someone other than their parent/guardian then **they must have written consent.** This ensures safety for all our athletes.

## Please be sure to check the School's Website, Facebook, and Remind App for updates

To be eligible as Jefferson County Middle School and WSK8 interscholastic athletes students must be passing all their classes. The following procedures will be used in determining middle school eligibility:

- 1. Eligibility checks will be done formally during each week of the sports season.
  - a. If a sports season coincides with the start of a quarter the first week of the new quarter will not be evaluated and grade checks will start in the 2nd week.
  - b. Grade checks are done each Friday at 2 pm. Unless there is an unforeseen reason then they will be pulled the following school day.
     i. Students will be notified by coaches during practices on Fridays.
- 2. Students who are not passing all seven classes will be placed on academic probation for one week. During the time of probation, it is expected:
  - a. The student raises any failing grades to a passing grade;
  - b. The student attends any assigned "study tables" after school;
  - c. Attend all practices unless he/she is participating in a "study table";
- 3. If the grade has not Improved to passing during the probationary week the student will be ineligible for the following week. Each student will be allowed only one probationary period per sports season. After that, eligibility will be determined week to week.
  - a. The student will not be permitted to travel to any away contests;
  - b. The student must be on the bench in street clothes during home contests;
  - c. After three weeks of ineligibility the student athlete's suspension from the team for the remainder of the season.

If you have any questions, please contact JCMS at 475-7253.

Principal - Brent Walsh Athletic Director - Todd Eckhart Head Coach - Logan Bertam Assistant Coach - Danira Perez Assistant Coach - Joey Pretchl bwalsh@509j.net teckhart@509j.net lbertram@509j.net dperez@509j.net